

KEEPING TRACK OF YOUR YUTREPIA TREATMENT

A daily journal to help you stay on your dosing schedule

Making sure you take your prescribed doses of YUTREPIA™ (treprostinil) inhalation powder each day is important, so you can stay on track with treatment no matter where your day takes you.



 **Yutrepia™**
(treprostinil) inhalation powder

YUTREPIA can fit into your daily life and routine



Your doctor will determine the dose of YUTREPIA that you will start with



YUTREPIA is taken 3 to 5 times per day, as directed by your doctor



If you miss a scheduled dose of YUTREPIA, take a dose as soon as possible



Your doctor may change your dose of YUTREPIA to find the dose that's right for you



YUTREPIA is kept at room temperature and is pocket-sized, so it can be taken anywhere

IMPORTANT: Take YUTREPIA only as prescribed by your doctor.

Need a refresher on how to use YUTREPIA?

Scan the QR code to watch a nurse practitioner walk through the 3 steps needed to take a dose of YUTREPIA.



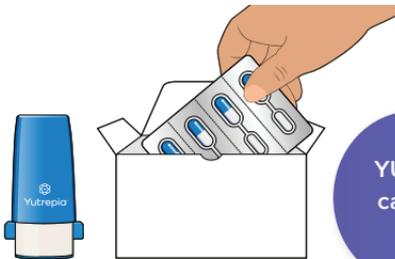
Important information to remember when taking YUTREPIA

- **Do not** swallow the YUTREPIA capsules—YUTREPIA should only be inhaled
- Inhale each capsule within 5 minutes of opening the blister card
- Always inhale each capsule 2 times to make sure you get your full dose
- Wash and dry your hands before using YUTREPIA
- **Do not** wash the inhaler or get it wet; keep the inhaler dry

If the contents of the capsule get on your skin or in your eyes, rinse the area immediately with water.

Storing YUTREPIA

- Store the YUTREPIA carton in a clean, dry place at room temperature, between 68 °F to 77 °F (20 °C to 25 °C)
- In order to protect your YUTREPIA capsules from moisture and light, please keep them in their blister cards until you're ready to use them
- Throw away the inhaler after 7 days of use or 56 capsules, whichever comes first
- **Keep YUTREPIA and all medicines out of the reach of children**



YUTREPIA capsules should remain in the blister cards until needed. Only remove the capsule when you're ready to take your dose.

Make sure you are taking your prescribed dose of YUTREPIA

Reaching the dose of YUTREPIA that is right for you

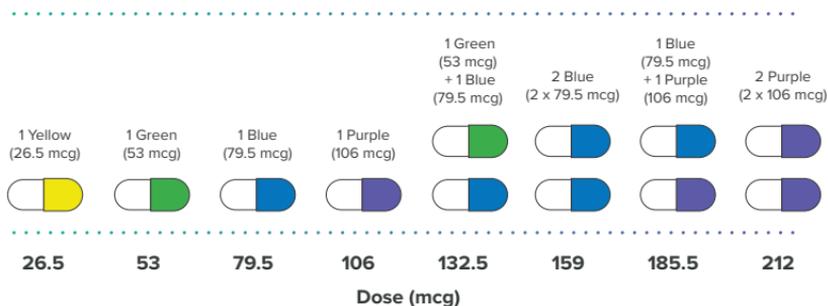
You should take your dose of YUTREPIA exactly as prescribed by your doctor. After you start taking YUTREPIA, follow up with your doctor on how your treatment is going to make sure you are getting the right dose.

Some important things to keep in mind:

- Your first dose may just be a starting point—your doctor may decide to change your dose over time (known as “titration”) to find the dose that’s right for you (also known as your “target dose”)
- Everybody is different—the right dose for one person may not be the right dose for another, so it is important to work with your doctor to find your target dose
- Immediately contact your doctor or healthcare team and let them know about any symptoms or side effects you are experiencing, including when you have changed your dose
- Do not stop taking YUTREPIA without talking with your doctor

YUTREPIA capsules come in 4 different strengths and are color coded.

Capsules needed based on dose prescribed



Capsules shown are for illustrative purposes only.

If you are unsure of which capsules you need to inhale to achieve your prescribed dose, please contact your doctor or specialty pharmacy for direction.

How to use the daily dosing journal

As your dose of YUTREPIA will be tailored to your needs and may change over time, this daily dosing journal can help you keep track of your treatment. **Here's how you fill in the journal:**

This week's dosing example

At the start of each week, fill out the dose you are prescribed to take and how many capsules you will use to complete your dose, as prescribed by your doctor. In this example, the prescribed dose is 106 mcg, which requires 1 capsule to be inhaled.

My prescribed dose for this week:	[106] mcg
Number of capsules needed per dose:	1 capsule [x]
	2 capsules []

Daily dosing tracker example

For each dose you take in a day, fill out the time you took the dose, the number of breaths you took, and how many capsules you used, as directed by your doctor. In this example, each dose was taken in 2 breaths and required 1 capsule.

Date: Monday, August 12th

	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken	6:45am	12:05pm	4:55pm	10:10pm	x
Breaths taken	2	2	2	2	x
Capsule(s) used	1	1	1	1	x

Notes: You can add any notes here; there's room for additional notes on pages 14 & 15.

Daily dosing tracker, days 4-7

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Daily dosing tracker, days 4-7

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Daily dosing tracker, days 4-7

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

WEEK 4

This week's dosing

My prescribed dose for this week:	[]	[]	mcg
Number of capsules needed per dose:	1 capsule	2 capsules	
	[]	[]	

Daily dosing tracker, days 1-3

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Daily dosing tracker, days 4-7

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:

Date:	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
Time dose taken					
Breaths taken					
Capsule(s) used					

Notes:



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A daily journal to help you stay
on your dosing schedule

We hope this guide can help you stay on track and on schedule with your YUTREPIA treatment, as well as take note of any comments or questions you might have for your doctor.

If you would like additional copies of this guide,
please visit www.YUTREPIA.com.



Scan the QR code
to read YUTREPIA's
Instructions for Use

